Year 12 Retreat
Last week our 140 year 12 VCE and VCAL students attended a 3 day retreat with a focus on reflection, fun and moving forward. As they begin a very busy year it is important to take stock of where they have come from, the events and people that have shaped them and the role God has played in those important times. The class of 2014 were exceptional in the way they participated in the retreat and shared their stories and I believe they will give generously to this community through their example, service and leadership over the course of this year. I thank our RE team of Mr Nash, Mr Nelson and Deacon Tony for their preparation of the retreat program, Mrs Esmaty for her co-ordination of all the logistical operations and our participating teachers who conducted all the sessions in a highly successful retreat.

House Family Welcome Evenings
This week the first of our three House Family Welcome Evenings will take place with a focus on meeting the House Leaders and Learning Advisors. The sharing of information between home and school is vital to your sons and daughters progress throughout the year and the welcome evening will give us an opportunity to do this both formally and informally. On Wednesday 12th of February at 7 pm, all families of Kolbe, MacKillop, Marian and Romero Houses from the West Campus are invited to enjoy some refreshments in the Hall foyer before formal proceedings begin. The following Tuesday on the 18th of February – Assisi, Augustine, Avila and Glowrey Houses are invited to their welcome evening and the East Campus Welcome evening will occur on the 19th of February.

Congratulations
Tess MacCartney was recently awarded a 2013 Community Spirit and Leadership Award from the Member for Holt – Mr Anthony Byrne as part of the Australia Day celebrations. Tess has been an advocate for improved resources and support for those effected by Type 1 Diabetes particularly teenagers and has worked as an ambassador for the Junior Diabetes Research Foundation for the last 5 years. I congratulate her and her family for her fine service to the wider community and thank her for the great example she sets for all who work with her at St Peter’s College.
**Year 7 & 8 Laptop Roll Out**
The BYOD laptop program has begun with year 7 & 8 students at St Peter’s and I am pleased with the way students have participated in the roll out information sessions last week. The laptops will be used extensively throughout the curriculum in 2014 and we believe they will provide significant benefits for student learning. The year 10 & 11 BYOD laptop program will begin in 2015. I thank the staff and technicians who assisted in those sessions for students lead by Mr Denny, Mrs Woodhouse and IT Manager Mr Bloomer.

**Parents & Friends Association**
The first Parents and Friends meeting for 2014 was held on Tuesday Night under the guidance of President Mrs Karen Waker and Secretary Mrs Elinor Ellen. The Parents & Friends Meeting is an ideal opportunity to meet other parents and staff members and occurs twice a term. A variety of Staff Members are invited to present at each meeting as a way of informing the parent body about the inner workings of the school and the people that work in it. Meetings begin at 7.30pm and families from the East and West Campus are all welcome.

**Opening Mass**
As the East Campus of St Peter’s continues to grow, we have taken the decision to stage a separate opening mass for each Campus in 2014. This week Fr Joseph will celebrate the opening mass at the East Campus on Wednesday 12th February at 9.15 am and on Thursday 13th of February Fr Denis will celebrate the Opening Mass at the West Campus at 9.15am. The Opening Liturgy for the year is an important occasion to welcome all new members to our community both staff and students, commission our new school leaders and begin our journey once more as a community of faith inspired by the charism of St. Peter.

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Mr Tim Hogan  
PRINCIPAL

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**YEAR 7 2015 ENROLMENTS**

Enrolments are now open for Year 7 2015 - enrolment packs are available from the College Office.  
**Enrolments close on Friday 7 March 2014.** Please contact me on 5990 7777 or kelley@stpeters.vic.edu.au if you have any questions regarding enrolment.
House Family Welcome Evenings
All parents and students are reminded about these important dates which are wonderful opportunities to be further involved in your child’s education. The research is clear that the more supportive parents are of their child’s schooling, the more positive are the educational outcomes. Please come along for some important information but also to meet the staff who are key to your child’s success this year. Parents are a vital part of the school community and indeed your child’s house, so we want you to experience that house spirit and welcome.

The first welcome evening is tonight (Wednesday, 12 February) for Kolbe, MacKillop, Marian and Romero houses. The next evening is Tuesday, 18 February for Assisi, Augustine, Avila and Glowrey houses.

The format for the evening is:
7.00 pm Gather in the hall foyer for finger food and drinks
7.30 pm Principal and Deputy-Principals address in the hall.
8.00 pm House liturgy in the various house areas.
8.20 pm Meet the House Leader.
8.40 pm Meet the Learning Advisor.
Feel free to come late or leave early if you have other commitments.

Morning Drop Off by car- Cranbourne-Frankston Road
If you are dropping off students by car from Cranbourne- Frankston Road, can I ask that you do the following please:
- Keep moving through the car park area and do not park so you are blocking through traffic.
- Please observe all speed limits.

Importance of Breakfast
The change to a five period day has meant that students are having a later recess and are not able to have their first snack until 11.11 am. Our VCE Food Technology teacher, Mrs Annette Marschner offers the following advice:

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**Can you make it to 11.11am without falling from your ‘perch’?**

A five period school day can have lots of benefits but one of the trade-offs is not having recess and an opportunity to eat and replenish our energy supplies until later in the morning. For this reason it is especially vital to ensure that Breakfast is not missed. Breakfast is considered the most important meal of the day because it breaks the overnight fasting period, replenishes our supply of energy and provides essential nutrients – especially folate, iron, calcium, B group vitamins, zinc and fibre.

Research has found that skipping breakfast may diminish mental performance as we are less able to pay attention and focus on new tasks. In addition, eating a high-fibre breakfast reduces fatigue.

To start the day, have some easy-to-prepare breakfast foods available at home, such as wholegrain breakfast cereals, porridge, fresh fruit, muffins or crumpets, yoghurts, fresh fruit juices and low fat milk. To save time in a busy morning consider setting out the toaster or cereals the night before.

To ‘refuel’ at recess give some thought to including suitable snacks in the lunchbox. Some suitable ideas include snack packs of fruit in natural juice, fruit buns, muffins or pikelets, low-fat yoghurts, custards and mini cheeses, crackers and pretzels, mini cans of baked beans or corn, carrot sticks and in the present heat, frozen fruit juices.

Items to avoid include foods that are high in salt and sugar as these dehydrate and deplete energy supplies. The ‘so-called’ energy drinks available on the market are extremely high in caffeine and salts that produce very short term ‘spikes’ in energy but longer down time or ‘flat spots’ in-between that are counter productive to mental performance and alertness.

For more information, fact sheets or recipe ideas for breakfast and snacks visit [www.betterhealthchannel](http://www.betterhealthchannel) or [www.nutritionaustralia.org](http://www.nutritionaustralia.org).

Annette Marschner – Food Technology
CRANBOURNE EAST NEWS

Family House Information Night
Next Wednesday the 19th of February we will have our Family House Information Night in the Lyons Building commencing at 7pm. All families are encouraged to attend, particularly Yr 7 and new families to the College. It will be an opportunity to meet other families and develop friendships, as well as hear from House Leaders and Learning Advisors about the operation of our Campus.

Year 7 Camp
This year our Yr 7 Camp will be held at Neerim South from the 24th to the 26th of February. It again promises to be full of fun and a wonderful opportunity for students to build friendships with one another. It is the expectation of the College – agreed to in the Acceptance of Enrolment – that all students attend all camps and retreats. Students not able to attend need to produce a medical certificate. Camp forms are now overdue and should be returned to the Front Office.

House Swimming Carnival
Next Monday the 17th of February our House Swimming Carnival will be held at Doveton Pool with students from both Campuses. It is compulsory for all students to attend whether competing or supporting and cheering on the competitors from their House. Students who do not attend are required to produce a medical certificate.

Homework Club
Homework Club has started with a number of students already utilizing this opportunity. It runs in the Discovery Centre from 3.30-4.30pm, Monday to Friday and is staffed by our Integrated Aides from Special Programs.

Student Laptop Device
The rollout of the Student Laptop Device has now been completed with students enjoying the opportunity to use their new technology in the classroom. We have had one “catch up” session and will have one more next week for those students who missed the initial roll out. Students are reminded that they are expected to keep their device locked in their locker during recess and lunch and to ensure that they are brought to school fully charged.

James Roberts
HEAD OF CAMPUS – CRANBOURNE EAST

A reminder to East Campus Families:
All payments must be made through the West Campus General Office. There are no receipting facilities at the East Campus. Thank you for your understanding.

ORDERING AUSSIE SCHOOL PHOTO’S
If you have not already ordered your child/children photo packs, you can still place an order. Simply visit www.schoolphoto.com and use the unique on-line log-in code given to your child/children when their photographs were taken and place your order.
Any Queries can be directed to Aussie Customer Service on Tel: 03 9707 6653

EMA
A reminder to families wishing to claim EMA to please submit completed forms along with a copy of relevant healthcare card, to the office by Friday 14 Feb, thank you.

Ms Alison Graham
FINANCE DEPARTMENT
LIBRARY CHAT

VCE Quiet Study Library Lunchtime Every Tuesday!
At a scrumptious luncheon on Monday, Year 12 students were encouraged to come to the library anytime, but in particular on Tuesday, which was launched as the VCE Quiet Study lunchtime. On Tuesdays the library will provide a quiet but stimulating learning environment for all students with a view to helping students develop good study habits.
Students were also reminded that when they want reliable, authoritative information, St Peter’s College Virtual Library is the place to go to first. The World Book Encyclopaedia online is an easy to use alternative to Wikipedia and Weblinks is a comprehensive database of websites specially selected for students. They were also made aware of other interesting links providing news and current affairs.
Happy Study and of course, Happy Reading!

Ms Angela Gargano
TEACHER LIBRARIAN

RELIGIOUS EDUCATION

This week we have the Opening Mass at each campus. This is the first time in the College's history that the Opening Mass has needed to be divided. We just don't fit into the one building anymore.

Being divided physically for the Opening Mass doesn't indicate any sort of lack of united effort in the way St Peter's goes about its business. One such example is the College theme or motto. Each year we try to find a theme to give some shape and form to our various aspirations. As a Catholic Community we are always called to look after and care for each other. This year's theme is "How many times must I forgive..." It comes from Matthew's gospel:

Then Peter came and said to him, "Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?" Jesus said to him, "Not seven times, but, I tell you, seventy-seven times.

The idea we are promoting this year is that as a community we are each and every day called to forgive others and even ourselves. A community that puts forgiveness at the heart of its life is always going to be a group of people that can move forward and forge a common cause. This is our hope and dream in 2014.

Stephen Nash
RELIGIOUS EDUCATION LEADER
ST AGATHA’S PARISH NEWS

SALE DIOCESE YOUTH MINISTRY OFFICE: Need a break? Come and Unwind! Are you in Year 11 or 12 and currently undertaking your VCE studies? If you answered yes, then Unwind is for you! Unwind is an overnight retreat, which focuses on helping students relax, reconnect with their faith, have some fun and take a break from the stresses of studying during VCE. It will be held during a relatively quiet period on the VCE calendar, away from any major assessments and exams, from 5pm on Friday 4th April to 4pm on Saturday 5th April, at Rawson Village, Pinnacle Drive, Rawson. So please join us, it promises to be a great retreat! For more info and to register visit www.trybooking.com/E ECM

R.E CATEchetical PROGRAM: Religious education classes for children in government schools have resumed on Wednesday from 4pm till 5pm in the hall. All enrolment forms need to be returned to the Office. Enq: Sr. Mary 5996 1985.

CELEBRATING OUR FAITH SERIES 2014: The Season of Lent is a special time in our Christian journey of prayer, penance, sacrifice and good works. Dr Coloe will be presenting insights and reflection on Johns Gospel in preparation of the Church’s celebration of Lent. This Thursday 13th February 7.30pm-9.30pm St Patricks Parish Hall Pakenham. More info Mrs Sophy Morley on 5622 6677. Please bring a Bible with you, a Friendly Guide to John’s Gospel will be available at $20 per copy.

BRIGIDINE ASYLUM SEEKER PROJECT requests volunteers to assist in teaching English to asylum seekers. Volunteers with experience in teaching English as a Second Language would be particularly welcome. Please contact Phil Steele email: Phillipsteele1@gmail.com Phone: 0419311582, or Sue Wood Phone 9534 6366 Email: wood572@hotmail.com

WORLD DAY OF PRAYER SERVICE: This year's theme "Streams in the Desert" Guest Speaker: Cr Sam Aziz. St John’s Anglican Church 27 Childers Street Cranbourne. Friday 7th March at 10am morning tea provided. All Welcome!

SOUTHERN CROSS CARE (Vic) is seeking to employ a pastoral carer at Lynbrook aged care home for 2 days a week. Previous experience working in a pastoral care related role is preferred. Applications are to be made online at www.southern-cross.org.au Enquiries to Michael Taylor, Manager Pastoral Care and Chaplaincy, on 8564 1872.

ASSISI HOUSE REPORT

Assisi House has been a bustle of activity since students returned to the College. Our Assisi Year Sevens were made welcome by their big brothers and sisters in Year Twelve on the first day and shown over the College and Assisi House. Care and concern was given in sorting out combinations for locks and how to organise your locker.

The next day with everyone back at school and with all the lockers now in the foyer was alive with happy chatter, gossip from the holidays and talk about the new changes to the timetable.

The Parisi Twins had the best gossip from the holidays and the photos to prove it with Deanna and Claudia having photos taken with Justin Beiber taken in Sydney. Yes they are ‘True Believers’.

Our first House Assembly was held and we inducted our new Knights of Assisi with our space age sword where new students were given their Assisi Badges. All students received an Assisi Bookmark at the assembly and were asked to set their goals for 2014.

House Leader, Mr Hampson outlined the College, Assisi House and Tutor’s expectations for the year and generally asked all students to aim for the stars. He pointed out the great success of Ffion Gorman (Assisi VCE 2013) who gained the third highest VCE Score at Saint Peters in 2013 and how her goals were set amongst the stars.

Dylon Perera and Deanna Parisi the Assisi House Captains then outlined their expectations of members of the House for 2014 and asked for a special effort in the Swimming Sports coming up and followed this up by leading the House in the Assisi Warcry.
Tutor Group Photos were taken in the first week of term and will be added to our vine in the Assisi House Foyer. Students started to work on plans for decorating Assisi House Tutor Rooms in a theme that reflects the spirit of Saint Francis of Assisi in Tutor Group meetings over the next month. Planning will take place in Term One with implementation in Term Three.

In closing this report, parents please note our Assisi Family Night on February 18th at 7.00pm. It is a great opportunity for the whole Assisi Family of parents, students and teachers to meet and to focus as a family on our year to come.

Roger Hampson
ASSISI HOUSE LEADER

CAREERS

YEAR 10 WORK EXPERIENCE FORMS REMINDER

A reminder that all Work Experience Arrangement forms are now overdue and ask that these arrangements be confirmed and forms returned to the College this week. Students would have received a letter in the mail in December 2013 containing the new Work Experience Arrangement form and the new Work Experience Travel and Accommodation form. Please ensure the updated forms are used as we can no longer accept the earlier version.

Work Experience is a fantastic opportunity for students to investigate their industries of choice and assists them to make informed career choices for the future. The danger of putting this task off until closer to the Work Experience period is the more popular industries and business’s become overwhelmed with requests from other students in our community and are not able to offer further placements. This leads to students not gaining the full value that the Work Experience Program can provide.

A requirement for each student undertaking Work Experience is to complete a General and Industry Specific Occupational Health and Safety Online Test and we need to confirm Placements to ensure we facilitate the appropriate training and test.

If you have any questions about Work Experience please do not hesitate to contact Melissa Dillon, Careers Coordinator at the College.

Melissa Dillon
Careers Coordinator

TERM 1 2014 CRANBOURNE WEST AND EAST CALENDAR

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<th>Year 7 - 12 WEST AND EAST CAMPUS UPCOMING DATES</th>
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<td><strong>FEBRUARY</strong></td>
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<td>12</td>
<td>CE Opening Mass</td>
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<td>13</td>
<td>CW Opening Mass</td>
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<td>17</td>
<td>Swimming Carnival Doveton Pool</td>
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<td>24-26</td>
<td>CE Year 7 Camp</td>
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<td>STUDENT FREE DAY</td>
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<td>10</td>
<td>LABOUR DAY STUDENT FREE DAY</td>
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<td>French Trip Departs</td>
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<td><strong>APRIL</strong></td>
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<td>Parent Teacher Interviews 4pm – 8.30pm</td>
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<td>4</td>
<td>STUDENT FREE DAY</td>
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<td>Parent Teacher Interviews 9am – 1pm</td>
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We would like to invite you to consider the opportunity of participating in one or more of the Parents & Friends Meetings and/or Activities in 2014. Our College Principal attends all meetings and it is a great opportunity to not only meet him, but to talk about and become involved in all issues relevant to the College, your family and our students. You might not be able to attend all meetings, but we will be happy to welcome you when you can.

The Parents and Friends Association undertakes numerous activities, including fundraising activities and the donation of such funds to various areas of College activity. Meetings are held on a Tuesday evening, twice a term, and at most meetings a staff guest speaker comes to address the group on activities associated with their day to day life at the College, and our Principal reports on relevant College issues and activities.

MEETINGS & ACTIVITIES 2014
Meeting Schedule:
Tuesday 18th March, 7.15pm for Tea and Coffee with 7.30 start, Staff Room, West Campus. Normally finished by 9.00pm
Tuesday 6th May
Tuesday 10th June
Tuesday 29th July
Tuesday 2nd September
Tuesday 28th October

Other dates to note in your diary:
Saturday 19th July, Bunnings Cranbourne Sausage Sizzle Fundraiser
Tuesday 24th June St Peters Days Celebrations Sausage Sizzle Lunch

FUNDRAISING 2014
Various Fundraising Activities are also undertaken throughout the Year, with Bunnings Sausage Sizzles, Entertainment Book sales, Engraved Landscaping Paver Sales some of the recent years activities.

RITCHIES COMMUNITY BENEFITS CARD.
Your P&F Association receives donations from Ritchies Community stores when you present your card.

A Reminder that 1% of your spend will be donated to St Peter’s College P&F Association. Thank you for your support of this program.

Local Locations List:
Berwick, 2 Richardson Grove, Cranbourne, 47 High St. Carrum Downs, 1095 Frankston/Dandenong Rd.
Dandenong 141-145 Lonsdale St. Frankston, 207-211 Beach St. Hastings, High & Salmon St.
Mt Eliza, 89 Mt Eliza Way Narre Warren, 14 Webb St. Seaford, 280 Seaford Rd.
Somerville, 2 Eramosa Rd East Towerhill, Golf Links & Hastings Rd
For full address locations visit www.ritchies.com.au

Members of the Executive of the Parents & Friends Association may be contacted:
Phone: 03 5990 7777
Fax: 03 5996 8277
Email: office@stpeters.vic.edu.au

Visit our College website www.stpeters.vic.edu.au for all up to date information on the College structure and activities.
Recent updates include Graduating Class of 2013 last day, new House based Sports uniform, 2014 Five period day timetable rationale, 2014 College Dux announced.
You will also find in ‘News and Events’ numerous current and past stories and pictures of the ‘Day to Day’ College life of our students.

Find details on how to register to get your College Newsletter on-line. Remember anyone can register to receive the College Newsletter on-line, so sign up extended family members and friends. Grandparents particularly love to keep up to date with your children’s school day to day activities.