LENT

Last week to introduce the beginning of Lent to our students I spoke of a 30 day life changing event that is being celebrated on You Tube. People are joining the 30 day on-line challenge to change their lives. For some it is simply signing on to commit to learning a new skill like playing the ukele or breaking an old habit. They have found 30 days to be an ideal time to commit to a change in behaviour, practice the change and then embed it into their daily life. The online community was important to join for the support and encouragement they received assisted them in sticking to their stated goal.

In many ways Ash Wednesday which marks the beginning of the 40 days of Lent is an opportunity to focus on a change of heart. It asks us to reflect and recognise that we need Gods assistance if we are to open our hearts to the teachings of Christ and the prompting of his spirit in our daily lives so that love, justice, compassion and forgiveness become the guiding forces in our life and not self-interest, resentment or greed. So as we begin this Lenten period we remember that God does not sit in judgement of what we can and can’t do but wants us to be all that we can be out of love for us, a love that inspires us to focus on a change of heart over the next 40 days.

PALM SUNDAY 13 APRIL

Palm Sunday marks the beginning of Holy week where the Catholic and Christian communities around the world celebrate the death and resurrection of Jesus Christ. Two important events are occurring in Melbourne on this date which members of our community are invited to.
A Prayer Service in Solidarity with Asylum Seekers and Refugees will be held at St Patricks Cathedral in the City at 1.00 pm. Immediately following the prayer service a Walk for Justice for Refugees is being organised for all in the community who want to show their support for refugees and asylum seekers. A large number of groups are already supporting the walk including faith groups, local communities, schools and unions.. Our Pope Francis has been outspoken on the issue of Refugees reminding us that whoever turns refugees away forgets that Jesus was one. The Walk for Justice for Refugees begins at the State Library at 2pm

ENVIRONMENTAL PROJECT MANAGEMENT EXPO

On the 17th of March, staff members Anthony Beutelschiess and Tracy Alles will be presenting at the Environmental Project Management Expo to be held in Geelong at St Joseph’s College. Tracy and Anthony will be presenting to teachers from around the state on how they have developed and taught the Certificate 111 in Carbon Management Course at St Peter’s over the last 3 years. This 2-year course which provides a pathway into the growing industry of Environmental Sustainability is also recognised by VCAA as the equivalent of a Year 12 Study, giving students a minimum 10% increment towards their University ATAR score. At St Peter’s there are currently 16 students who are enrolled in years 1 & 2 of the Carbon Management Course.

FROM THE DEPUTY PRINCIPAL – HEAD OF WEST CAMPUS

FIRST SUNDAY OF LENT

The gospel for the first Sunday of Lent recalled the temptation of Jesus in the desert. Temptation is the attraction to use my gifts for what I want. In particular, teenagers focus on the self as they move away from their parents and struggle to forge their own identity. This is very natural, and as parents and teachers we probably contribute to that temptation by feeding the teenage desire to do their best. We want them to focus on their goals and achieve their best at school. We may even make extra allowances for our VCE students. I know of a family who did not expect their child to help clean up after dinner so that he could study. Instead he used that time to play more computer games! It is good for our students to learn to juggle their study, family time, sport, social life (on line and off), and perhaps a part time job.
I think our role as educators (which we all are) is to balance that focus on what I want with what we all need. The Catholic vision has always focussed on using our gifts for the common good and trying to discern God’s will. It should be more about what we need rather than what I want. The amazing thing is that the young person who actually adopts this approach will ultimately find what they want.

**SCHOOL CAR PARKS**

Can I remind all parents coming to the school of the need to go to the school office if they wish to see their child during school hours. Please do not meet students in car parks at recess and lunch time. These areas are out of bounds for students during school. It is not appropriate for visitors to bring take away food to students at school. There is a school canteen. Students meeting people in the car park can be a significant health and safety issue and a cause for concern amongst staff on duty.

Mr David Hansen  
**HEAD OF CAMPUS – CRANBOURNE WEST**

**CRANBOURNE EAST NEWS**

**2014 COMMENCEMENT**

Now that the 2014 year is up and running, I am impressed with how all students have engaged not only with each other but also their teachers and learning. We have had our largest intake of new students and staff this year and it has been great to see how warmly they have been welcomed and readily accepted as part of our learning community.

The relationships we form are vitally important to the success we enjoy, but relationships like everything require constant effort and work. It is still early days and we need to continue to ensure we keep building relationships with each other.

**2015 VCE PLANNING**

Planning is well underway for our progression into VCE next year with our first cohort of Year 11 students. Part of that planning is gauging the interests and career ideas of our current Yr 9 and 10 students. To this end, all Yr 9 and 10 students will be part of a subject and careers information session conducted by our College Careers Advisor, Ms Melissa Dillon on the 21st March during period one. At the conclusion of the session students will complete a survey to assist in our planning.

**HOUSE SPORTS UNIFORM**

Tomorrow, all students will be involved in House Assemblies during period 2. The uniform for the day for all students is the PE uniform with the **HOUSE POLO TOP**. This is a compulsory part of the College uniform. Students not attending in correct uniform can expect to be placed in zero tolerance isolation.

**COLLEGE PRODUCTION ‘For Art’s Sake’**

This year the College production is titled ‘For Art’s Sake’ and was written by one of our teachers, Frank Carter (West Campus). This week a number of East students will be auditioning for various roles in the play. We wish them luck for their auditions and look forward to seeing the fruits of their hard work later in the year.

Mr James Roberts  
**Head of Campus – Cranbourne East**

**TEACHING AND LEARNING**

**Procrastination**

There are a number of factors that can effect students’ progress and one of the most common is “Putting Things Off” that is **procrastination**. This problem impacts heavily on student understanding of subject material, quality of assignments and enjoyment at school. It is so easy to delay doing something: why do we procrastinate at time?

Procrastination can be caused by many seemingly unrelated issues such as:
PERFECTION – wanting to produce the “perfect” assignment, being obsessed with detail and not attacking the investigation with energy.

ORGANISATION – wanting to be totally prepared, have everything completely arranged and as a result never getting started.

SELF DOUBTS- lacking self-confidence to tackle the task at hand.

PRIORITISING – being unable to prioritise activities to get the things done that need to be completed.

MOTIVATION- lacking a purpose for being at school, a sense of “having to” rather than “wanting to”

Whatever the cause of procrastination, it is essential for parents and teachers to recognise it in students and address it immediately by assisting students with strategies to overcome it.

When studying or completing homework, if you feel like putting it off try the following

- Talk positively to yourself
- I can do it
- I will do it
- Make a conscious effort to put your head down for 20 minutes
- Make a list and tick off as you complete tasks – often getting started is the most difficult part.
- Just start!

Back in Week 1 students sat with Learning Advisors to develop academic, school related and personal goals for 2014. (pg24 Student Record Book). In week seven it would seem timely to review these goals with your son or daughter.

- Have they made progress towards these goals?
- What concrete steps are in place to achieve these goals?
- Are we still procrastinating?

By reviewing these goals now, there is still time to refocus and ensure that Parent Teacher Interviews on 3rd and 4th of April are a positive and affirming experience for students.

“Procrastination is the art of keeping up with yesterday “ Anon.

Ms. Marlene Jorgensen
Deputy Principal- Teaching and Learning

HPV (Human Powered Vehicle)

-If you want to join the team come to training at Casey Fields Criterium 14th March at 3.45pm. Bring your bike and signed permission slip. You can obtain these from Mrs Young in the Library (West) or Mr Wolinski (East). At the conclusion of training there will be an information session for parents. IT IS VITAL THAT EACH RIDER BE REPRESENTED BY AT LEAST ONE ADULT AT THE MEETING,

ST PETER’S COLLEGE FAMILY PRAYER GROUP

We are inviting each family to take the challenge to join us here at St Peter’s East Campus ONCE A MONTH on a Friday night to pray together. Our next meeting is scheduled for FRIDAY 28th MARCH 2014 AT 7.30 P.M. in the Lyons Building, where the St Thomas Parish Mass is held every Sunday. We will have the opportunity to pray “With the Family” and “As a family”. Hopefully this will help to bring members of each family closer to each other and build stronger links among themselves and more importantly to put Jesus at the centre of each family.

COLLEGE PRODUCTION - FOR ART’S SAKE

A School Production has an enormous capacity to not only entertain but also educate and elevate an audience. This year’s Production “For Art’s Sake”, written by Frank Carter and Phillip Helisma from Padua College. It is about a character who is an outsider who eventually comes out of his isolation and goes out into suburbia but he encounters great difficulties and challenges before he gains acceptance and truly becomes himself. It could be anyone’s story. It could be yours.

The play uses music and dance to convey some powerful messages. It is about empowering people on the margins to find their own voice, it tries to promote individuality over mindless conformity and the following of meaningless time wasting trends. The play is open to all actors, singers, rappers, dancers and musicians who want to be involved in something a
little different, written for students. “For Art’s Sake” features many different styles of music, everything from
techno to rap to progressive rock to ballads: many different dance styles can also be featured.
Auditions for the West Campus will be on Tuesday March 11 and Wednesday March 12 and the East
Campus on Friday March 14

Frank Carter Musical Director/Producer & Gina Goss Director

KOLBE HOUSE REPORT
Once again it’s a start to the New Year, and a new and growing Kolbe house. With the addition of our new many new
students, including the new year 7’s, Kolbe is becoming a bigger and stronger house. Settling well into college life for the
year, all students have begun there studies with great enthusiasm, as we aim for everybody in our house to strive for
greater academic achievements throughout their schooling years.
The annual St Peters College swimming carnival has once again been a great success, and a great success for Kolbe
House. Even though we only ranked 5th by the end of the day, it was great seeing participation and house spirit across
the year levels. Lead by the always well-dressed year 12’s, Kolbe was able to band together and show the College that
we are an enthusiastic and strong House.
Lastly, everybody throughout Kolbe house is looking forward to the year ahead. We are aiming for participation from many
students in school and S.I.S events. With the next big one being Harmony Day, Kolbe as well as the whole school will be
able to show off its great culture and diversity.

Nathan Dodgson
Kolbe House Captain

RELIGIOUS EDUCATION
Lent is a time of preparation by prayer, fasting and good works. What are we preparing for? We are making ourselves
ready to celebrate the culmination of the earthly mission of Jesus the Christ, the Messiah, the Son of the Living God, the
New Adam.
The Lenten season commences with Ash Wednesday when we receive the ashes of the palms from Palm Sunday of the
year before. In days gone past the words spoken over us as we received those ashes were, “Remember man that thou
are dust and unto dust thou shall return.” A sobering reminder of our humble beginnings. This Lent we will raise money
for Caritas which is what we always do. Let us also use this Lent as a time to reflect and help build a better world for
ourselves and those around us.

Stephen Nash
Religious Education Leader

Last Sunday’s gospel recalled the temptations of Christ. You may recall the passage: After meditating and fasting in the
Judean Wilderness for forty days Christ emerged
from His time of preparation, only to be met by the Devil.
Their meeting and confrontation sets the stage for Christ’s ministry: He is tempted by physical needs, wealth and refutation
of his spiritual needs.
All three temptations recall what is asked of us during Lent: Fasting, Charity (almsgiving) and Prayer.
Lent is an excellent time for us to reflect upon these three areas of our lives. Can we fast, not only from food but from
technology and the modern world? Can we be charitable, not only in monetary terms but also in the way we think about
and treat our fellow human beings? Can we be truly prayerful?
Sometimes prayer can be problematic for us. It doesn’t need to be. I always explain to students that prayer is conversation.
We speak to God and we expect that God speaks to us in some way, shape or form. God’s response to us is not
necessarily a verbal one, indeed I would be very surprised if it was!
On the contrary, the response may be, for instance, a yearning. For instance, if we were to experience a kindling in our
hearts of a desire to be more thoughtful in our dealings with those who are less fortunate than we are. In this manner
perhaps we may assist them to “Have life and have it to the full” Jn 10:10. (This year’s motto for Project Compassi

I pray that we also can ‘Have life, and have it to the full’ as a consequence of our consideration of others as is shown
when our thoughts and actions turn to our fellow human beings, particularly during Lent.
ST AGATHA’S PARISH NEWS

STATIONS OF THE CROSS will take place every Friday during Lent at 7.30pm in the church.

MASS FOR FAMILIES INVITATION: A warm invitation is extended to people of all walks of life/faith who have been affected by the loss of a child (pre/post birth) regardless of circumstance of death, to a special Mass for Families which will be offered for them and in remembrance of their loved one/s and to celebrate the life of all God’s children. The Mass will be offered at St Mary’s Cathedral, Sale on Tuesday 25 March commencing at 7.00pm, proceeding with Rosary at 6.30pm. Everyone welcome.

ST PETER’S College Graduating Class of 2004

Ten Year Reunion ‘Save The Date’ Notice

Saturday October 18th, 2014
Spread the word to all of your 2004 Graduating Classmates.

Formal ‘Save The Date Notices’ will sent soon to be followed up by Invitations in early September.

To ensure we have yours and your classmates current contact details please contact:
April Hampson at the College on
athompson@stpeters.vic.edu.au

LOST PROPERTY FROM THE YEAR 7 CAMP:
PLEASE CHECK SICKBAT=Y 2 FOR ANY LOST ITEMS. IF NOT CLAIMED BY THE END OF THE WEEK IT WILL BE THROWN AWAY

Film Friday at the one of the popular lunchtime activities student can join at the Library.

Library. Just
TERM 1 2014 CRANBOURNE WEST AND EAST CALENDAR

<table>
<thead>
<tr>
<th>Year 7 - 12 WEST AND EAST CAMPUS UPCOMING DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MARCH</strong></td>
</tr>
<tr>
<td><strong>APRIL</strong></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

CAREERS NEWS

**Work Experience Opportunities**

All remaining Work Experience Arrangements are to be handed in by Wednesday 12\(^{th}\) March.

**VicRoads Work Experience Applications**

Applications for the 2014 VicRoads Work Experience Program are still open. The 1 – 2 week placements give students the opportunity to experience the relationship between school studies and the world of work, develop a greater awareness of their abilities and help them make appropriate career choices. Work experience is offered in areas such as engineering, finance / accounting, human resources, legal, graphic design, media / communications and IT.

To apply, visit:


**Surveying Work Experience**

Students interested in Geography, Maths, IT and the outdoors are encouraged to now apply for 2014 placements for surveying work experience. Students can register their details on this site and enquiries will be made on the students’ behalf for work experience opportunities.

Applications for 2014 are already open.


**Public Interest Law Careers Guide**

The Castan Centre for Human Rights Law and the Progressive Law Network have produced a new Public Interest Law Careers Guide. The guide details a number of public interest law organisations that offer schools trips, speakers, *work experience* or other resources to secondary schools. While most of the focus is on jobs available to those who undertake a law degree, some career options that do not require a law degree are included. This may be of interest to those students who are interested in law as a career, but lack the requisite marks.


**General Information**

**StarNow**

StarNow lists a range of jobs and open auditions for actors, dancers, film crews, musicians, and more.


**Smartphone Apps to Help with Studying**

This article features some smartphone apps that can help students to improve their study habits.


**Raffles Photography Competition**

Term 1 closing date is Wednesday 9th April.
High school students are invited to submit a photo to this competition. Entries are limited to one photo per person per term. There is no theme to this competition.

Contact: photocomp@raffles.edu.au
http://www.raffles.edu.au/photography-home/competition

‘The Under Age’

The Under Age is a fortnightly online newspaper written entirely by Victorian high school journalists. Each fortnight the group of 13 young people workshop their story ideas with each other and with selected industry professionals. The newspaper will include articles on news, sport, politics, art and culture.

For more information, visit: http://theunderage.com.au/#sthash.JmKtRJ6.dpws

PARENTS & FRIENDS ASSOCIATION

MEETINGS & ACTIVITIES 2014

MEETING SCHEDULE:

<table>
<thead>
<tr>
<th>Date</th>
<th>Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 6th May</td>
<td>Annual General Meeting</td>
</tr>
<tr>
<td>Tuesday 10th June</td>
<td>Parents Forum</td>
</tr>
<tr>
<td>Tuesday 29th July</td>
<td></td>
</tr>
<tr>
<td>Tuesday 2nd September</td>
<td></td>
</tr>
<tr>
<td>Tuesday 28th October</td>
<td></td>
</tr>
<tr>
<td>Tuesday 2nd December</td>
<td></td>
</tr>
</tbody>
</table>

Other dates to note in your diary:

- Tuesday 24th June St Peter’s Days Celebrations Sausage Sizzle Lunch - Volunteers required (athompson@stpeters.vic.edu.au)
- Saturday 19th July, Bunnings Cranbourne Sausage Sizzle Fundraiser – Volunteers required (athompson@stpeters.vic.edu.au)

We would like to invite you to consider the opportunity of participating in one or more of the Parents & Friends Meetings and/or Activities in 2014. Our College Principal attends all meetings and it is a great opportunity to not only meet him, but to talk about and become involved in all issues relevant to the College, your family and our students.

You might not be able to attend all meetings, but we will be happy to welcome you when you can.

FUNDRAISING 2014

Various Fundraising Activities are also undertaken throughout the Year, with Bunnings Sausage Sizzles, Entertainment Book sales, Engraved Landscaping Paver Sales some of the recent years activities.

RITCHIES COMMUNITY BENEFITS CARD

New Families to the College since early 2013. Your Card will be posted to you in the very near future. If you are not going to use it please send it back via your student to the College Reception. Thank You.

Your P&F Association receives donations from Ritchies Community stores when you present your card.

A Reminder that 1% of your spend will be donated to St Peter’s College P&F Association. Thank you for your support of this program. Local Locations List:

- Berwick, 2 Richardson Grove
- Cranbourne, 47 High St.
- Carrum Downs, 1095 Frankston/Dandenong Rd.
- Dandenong 141-145 Lonsdale St.
- Frankston, 207-211 Beach St.
- Hastings, High & Salmon St.
- Mt Eliza, 89 Mt Eliza Way
- Narre Warren, 14 Webb St.
- Seaford, 280 Seaford Rd.
- Somerville, 2 Eramosa Rd. East
- Towerhill, Golf Links & Hastings Rd

For full address locations visit www.ritchies.com.au

Members of the Executive of the Parents & Friends Association may be contacted:

- College P&F Liaison April Hampson, Marketing Officer
- Phone: 03 5990 7777
- Fax: 03 5996 8277
- Email: office@stpeters.vic.edu.au or athompson@stpeters.vic.edu.au

ST PETER’S COLLEGE NEWSLETTER

Find details on how to register to get your College Newsletter on-line. Remember anyone can register to receive the College Newsletter on-line, so sign up extended family members and friends. Grandparents particularly love to keep up to date with your children’s school day to day activities.

ST PETER’S COLLEGE WEBSITE

Visit our College website www.stpeters.vic.edu.au for all up to date information on the College structure and activities.

You will also find in ‘News and Events’ numerous current and past stories and pictures of the ‘Day to Day’ College life of our students.